

Choose a Wedding dress that suits your body shape

Your waist is slim and well-defined, your shoulders and hips are aligned, of similar width and sometimes quite muscly, You have the "Hourglass Figure"

- prefer bridal gowns that show off your slim waist, dresses with a fitted lace bodice or V neckline, even figure-hugging dresses or fishtail skirts, the ones that accentuate your feminine curves, espécially your waist.

Close to the hourglass figure but more voluptuous (curvier bust, shoulders and hips): you have the figure 8 figure.

- The sheath cut, the empire waist cut, the princess cut, consider a V or heart-shaped neckline, or even square if you have a very large bust but be careful not to have too much of a flounce on the bodice or on the hem of the dress.. Finally, you might prefer a short dress if you are petite.

Your narrow shoulders are smaller in width than your hips, and you have a small bust, you have a pear-shaped or A-line shape figure, both of these names describe the same and most frequent type of figure.

- Balance out your figure by drawing attention to the top half of your body, cleverly masking your hips and emphasising your waist. For the upper part of the dress, don't hesitate to bare your shoulders (with a boat or halter neck) or choose an intricately laced bodice, spotlight your waist with a pretty belt

Your shoulders, waist and hips are aligned and almost of the same width, often you are slender, hence the expression "rectangular" figure.

- Consider choosing a tiered or layered skirt to create more structure or volume, a frilly top or a dropped-waist dress to make you look taller. Straight or empire line dresses in soft flowing fabrics are also good. For the neckline, go for a bare back, boat neck, rounded or indeed a ruched cowl neck if you have a small bust.

You have a very generous and curvy shape, which explains the 'apple' or 'full' expression to describe your figure.

- Enhance your silhouette with fluidity and lightness. Avoid figure-hugging and very loose-fitting dresses, and those with a very low or V neckline. Prefer the grace of fluid dresses with an attractive round or chic square neckline. An empire cut dress will give you an elegant look and raise your waistline. A straight cut bridal gown is possible if your hips are not over generous; otherwise choose a dress with a flared skirt. Finally, matt and light fabrics such as muslin or translucent organdie are ideal.